

June 2012

Hi Lites of Lutheran Manor

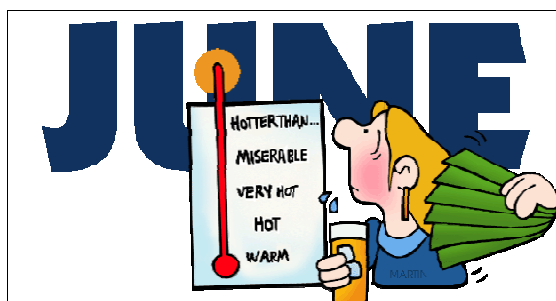


Mark Your Calendar

Welcome New Residents

507 - Betty Pagen
906 - Elaine Crockett

June 2 (Saturday)	Coffee & Donuts	8 a.m.	Lounge
June 2 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
June 7 (Thursday)	Therapy Dog	2 p.m.	Lounge
June 8 (Friday)	Outdoor Picnic	12 p.m.	Outdoors
June10 (Sunday)	Pie ala Mode Party	5 p.m.	Lounge
June11 (Monday)	Tenant Council Meeting	1:30 p.m.	Ceramics
June12 (Tuesday)	General Meeting (7th Floor responsible for snacks)	2 p.m.	Lounge
June13 (Wednesday)	Farmers Market Vouchers	8:30 a.m.	Lounge
June13 (Wednesday)	Speaker "Laughter"	2 p.m.	Lounge
June16 (Saturday)	Soup & Hot Dogs	11 a.m.	Lounge
June19 (Tuesday)	Speaker "Safety Care Bingo"	2 p.m.	Lounge
June20 (Wednesday)	Book Club	2 p.m.	Patio
June20 (Wednesday)	Birthday Party	5 p.m.	Lounge
June25 (Monday)	Therapy Dog	11 a.m.	Lounge
June26 (Tuesday)	Speaker "Heart Disease"	2 p.m.	Lounge
Knitting Group	Every Sunday	2 p.m.	Patio
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Bible Study	Every Monday	1 p.m.	Patio
Bingo	Every Monday	6 p.m.	Lounge
Poker League	Every Wednesday	6:30 p.m.	Patio
Life Bio	Every Thursday	10 a.m.	Patio
Yoga	Every Friday	1 p.m.	Patio

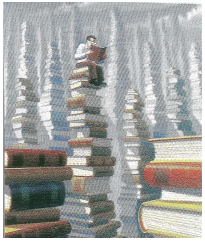


Coming events

JULY

Saturday	7/7	Coffee & Donuts	8 a.m.
Saturday	7/7	Pinochle Party	12:30 p.m.
Sunday	7/8	Picnic	1 p.m.
Saturday	7/22	Concert	Steel City Band 6 p.m.

The Lutheran Manor Book Club will meet Wednesday, June 20 at 2 p.m. in the patio. We agree: "A wonderful thing about a book, in contrast to a computer screen, is that you can take it to bed with you."



-David J. Boorstin

Computer Lab

Getting Started on Computers Continued

Nancy will be here to continue teaching beginning computers
Wednesdays, June 6 & 20
6 to 8 p.m.

Play Ball!

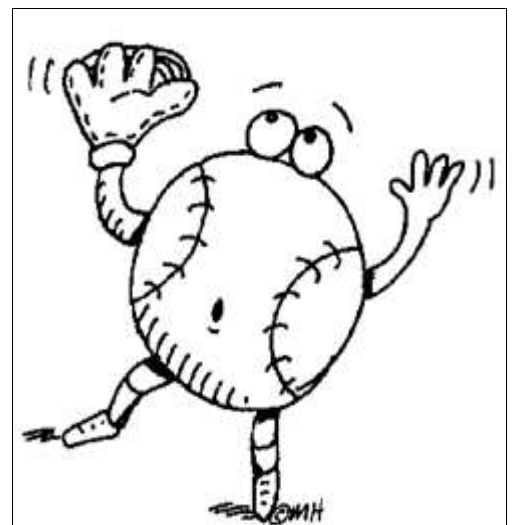
Join us for Baseball! We will be going to the following Iron Pigs Games this summer. If you want to go, please sign up with Don, apt. 508.

Fri., June 8, Van will leave at 6 p.m.

Fri., July 6, Van will leave at 6 p.m.

Sat., Aug. 11, Van will leave at 5 p.m.

Tickets are \$10 each.



Coffee & Donuts

Saturday, June 2
8 to 10 a.m.

\$1.75 coffee & donut
.75 additional donut
Friends and Family
Welcome



The Snack Stand

Snacks available

Mondays from 3 to 6:30 p.m.
Wednesdays from 3 to 6 p.m.
In the Main Lobby



Soup & Hot Dogs

Saturday, June 16
11 a.m. to 1 p.m.

SOUP: Clam Chowder \$2.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

PICKLED BEETS \$.50

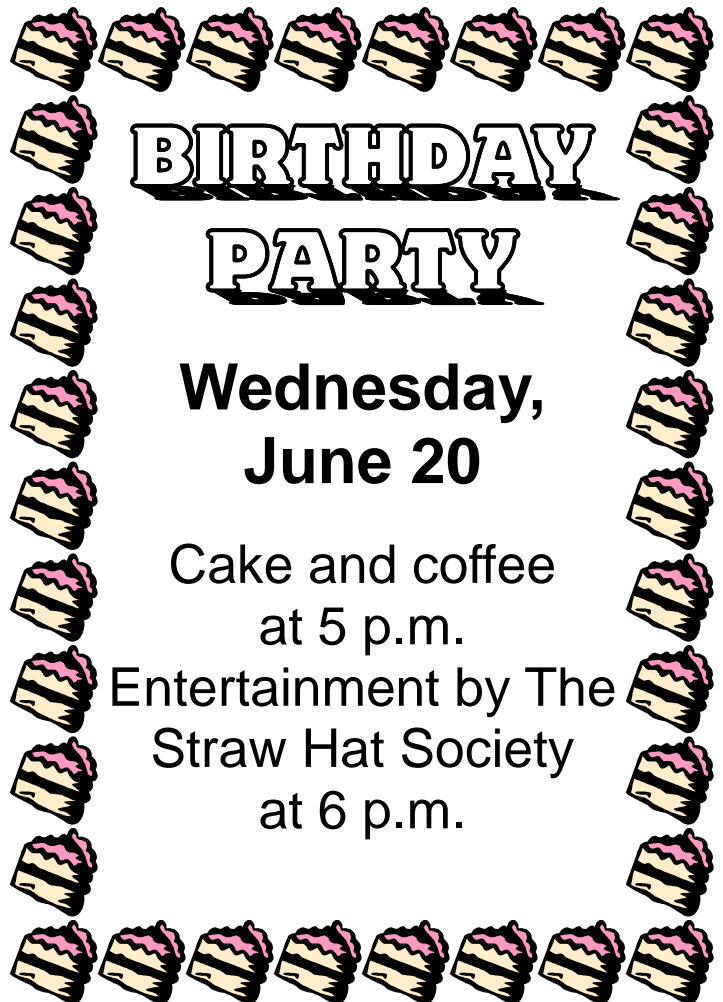
DESSERT: Ice Cream & Strawberries
\$2.50

SODA OR COFFEE: \$1.00

Entertainment:
Frank & his accordion

50/50 Drawing
Candy will be sold too!

Friends and Family Welcome!
Last Day for Candy Sales



BIRTHDAY PARTY

Wednesday,
June 20

Cake and coffee
at 5 p.m.

Entertainment by The
Straw Hat Society
at 6 p.m.

Farmers Market Food Vouchers

**Wednesday, June 13
8:30 to 10 a.m.**

Representatives from Lehigh County will be here to distribute the annual farmers market food vouchers to all residents who qualify. If you are a single person with an annual gross income less than \$20,147, or a couple with an annual gross income of less than \$27,214, you are eligible for the vouchers. You must bring proof of income with you to get your vouchers.



Pines Theater Country Jamboree

**Sunday, August 12
Van leaves at 5:30 p.m.
COST: \$20**

Enjoy some old time country music, down home comedy and lots of food! There will be music by great bands including **The Bill Murray Band**. Price includes entertainment, a chuck wagon bbq, one beverage and dessert.

Sign up with Miki.
Payment due at signup.



Miki's



Corner



Shadow the Dog

**Thurs., June 7
2 p.m.**

We have a new therapy dog coming to visit us this month. His name is Shadow, a 7 year old Siberian Husky and German Shepherd mix. His owner, Jeanne Southard, trains service dogs and their owners. Come down to meet Jeanne and Shadow.

Time Banking in our Building

Tues., June 12, 2 p.m.

During our General Meeting, Kathy Perlow, of The Community Exchange Program at Lehigh Valley Health Network, will take a few minutes to talk about starting our own time bank in our building. Learn how you can help others and get help you may need, ranging from cooking a meal to transportation or even sewing on a button!



Massage Therapy

June 6, 9 a.m. to 2 p.m.

If you are interested in massage, please sign up in Miki's office.

**Therapy Dog
Mon., June 25, 11 a.m.**

Miz Daisy and
Alice Romberger



Laughter and Ice Cream

**Weds., June 13,
2 p.m.**



We have been told that laughter is the best medicine. Ice cream runs a close second! Maria Santacoloma of United Healthcare, will be here to talk about the benefits of laughter in our lives. She will also be hosting an ice cream social. **Please sign up with Miki if you want to attend so we make sure we have the right amount of ice cream.**

Safety Care Bingo

Tues., June 19, 1 p.m.

Melissa Toy, of SafetyCare, will be here to play a few games of bingo with prizes and to talk about the importance of staying safe in your apartment. SafetyCare offers a great new medical alert system that doesn't look like a medical alert system. Find out more and have a good time with bingo and prizes.

Women & Heart Disease

**Tues., June 26,
2 p.m.**



Marie von Funk, of WomenHeart, will be here to talk about the dangers of heart disease in women. Learn signs and symptoms, proper nutrition and medication importance.

INTERMISSION TIME

“Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.” Mark 1:35 (NIV)

It seems there is a growing awareness, especially among younger Americans, on Eastern religions that place a great emphasis upon meditation. We Western Christians sometimes forget that on numerous occasions our Lord went apart from his disciples and from human contact for prayer and meditation. Jesus felt the need for refreshment and renewal even at a time when life moved at a much slower tempo than today. I have had the privilege on a few occasions in my ministry to go on retreats where one of the rules was that each person was required to spend a rather large part of the time in complete silence. I have never forgotten the meaningful hours I spent there in prayer and meditation.

Day to day life for many of us tends to be ordinary and hectic. We all need to take intermissions from the pressure of daily routine.

-Chaplain Clark +



WORSHIP EACH WEEK – 2 PM IN THE LOUNGE

Tuesday, June 5 - Father Pat Lamb- Notre Dame RC Church, Bethlehem

Thursday, June 14th.- Richard Kuhn- Resident

Thursday, June 21st.- Rev Tony Pompa- Cathedral Church of the Nativity, Bethlehem

Thursday, June 28th. – Rev. Betty Langensiepen- St. Peter’s Lutheran, Allentown

FOR REFLECTION:

A winner is always part of the solution;

a loser is always part of the problem.

A winner always has a program or response;

a loser always has an excuse or explanation.

A winner always says “Let me do it for you.”

a loser always says “That’s not my job.”

A winner sees an answer in any problem;

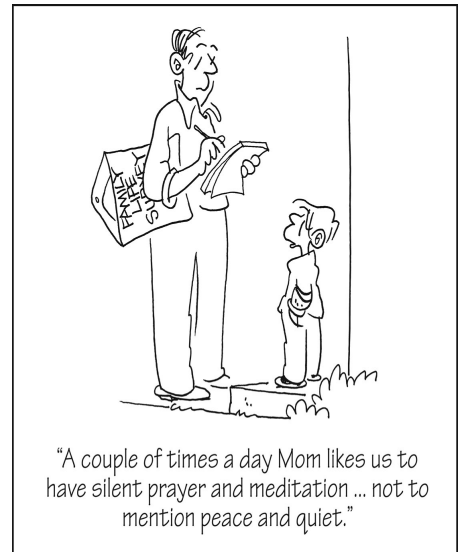
a loser sees a problem in every answer.

A winner exclaims “It may be difficult, but it’s possible;”

a loser cries “It may be possible, but it’s much too difficult.”

A winner makes a commitment;

a loser makes promises. (Anonymous)



LET’S TALK ABOUT IT... (LifeBio) every Thursday morning at 10 am in the Patio. Come enjoy lively discussions about everything and anything!

BIBLE STUDY each Monday afternoon at 1 pm in the Patio. Presently, we are studying 1st and 2nd Peter.

Note from the Manager...

Reminder- **After August 15, 2012 no one will be allowed to smoke in their apartment or anywhere else in the building.** Smoking will also be prohibited from within 15 feet of any doors or windows of the building. This will prevent smoke from entering apartments thru low-level apartment windows and avoid loitering near all building entrances. Smoking will be prohibited in or around gazebos- no exceptions! There will be a designated area for smokers with a heated smoking shelter and places to sit- This area will be complete by the end of summer.

If there is an emergency after hours or you're locked out of your apartment- please call the office at 610.866.6010 or use the front door entrance system and dial 000. Our answering service will immediately contact our on-site security. As always we ask for your patience and consideration with all situations.

The season has just begun, and already we have the best looking gardens! Stay busy-- go for walks, attend our afternoon speakers, go on van trips, or come down to the lounge and visit our furry friends from pet therapy. It is a great way to brighten your week!

Courtney
Property Manager

Trips to Notice...

July 7 - Kutztown Folk Festival - Take a stroll through the barn of quilts, enjoy crafts, entertainment, and lots of authentic Pennsylvania Dutch cooking. COST: \$13.



July 12 - Allentown Farm Market - This is the place to go to use the farm market vouchers you will be getting in June from Lehigh County. So make sure if you are eligible for the vouchers you sign up for this trip!

July 21 - Blueberry Festival - Enjoy all things blueberry at the Burnside Plantation annual Blueberry festival. Sample tasty treats, visit craft booths and enjoy some great entertainment. There is an entrance fee.

July 26 - Oasis lunch and mini - golf - Brush up on your stroke! After a great lunch at the Oasis Restaurant, jump into a friendly game of miniature golf.

Be sure to note the great flea markets this month. We will be going to Green Dragon and Rice's!



Pie a la Mode Party

Sunday, June 10
6 p.m. in the Lounge
Doors open at 5 p.m.

Cost:

\$4 per resident
\$5 per guest (limit 2)

Apple Pie
Vanilla Ice Cream
Coffee or tea
Soda \$1.00

50/50 drawing
3 for \$1.00

Coordinator:
Ronnie Clifford



Entertainment by
Sister Sound
Phyllis & Rachelle

You may reserve a table for **6 or 12 people only** before the deadline date



Pie a la Mode Party

(I am reserving a table for 6 or 12 _____) #of guests _____
Write names on back

Put slip under Marge Bachemin's door #705 with cash in envelope

NAME: _____ Apt.# _____

PHONE: _____

Deadline for Reservations, Weds., June 6

4TH OF JULY PICNIC



Sunday, July 8
1 p.m.
Lounge
Doors open at noon

50/50 Chances
3 for \$1.00

BUFFET MENU:

Baked Chicken
Hamburger BBQ
Baked Beans
Potato Salad
Vegetable Salad
Chips
Fruit
Dessert
Coffee & Iced Tea
Soda \$1.00

Cost:

\$10 per resident
\$12 per guest (limit 2)

Entertainment:

Jim & Denise Stocker

NEW! You will be smiling, singing, clapping
or dancing!

You may reserve a table for **6 or 12 people only**
before the deadline date

Coordinator: Ronnie Clifford



4th of July Picnic

(I am reserving a table for 6 or 12 _____)

of Guests _____

Write names on back

Put slip under Marge Bachemin's door #705 with cash in envelope

NAME: _____ Apt.# _____

PHONE: _____

Deadline for Reservations, Weds., July 4

Van Trips



July 2012

DATE	TRIP	TIME
July 3 (Tuesday)	Banks, P.O., CVS, \$ Store	9:30 a.m. _____
July 5 (Thursday)	Weis	9:30 a.m. _____
July 6 (Friday)	Ironpigs Baseball (Sign up with Don)	6:00 p.m.
July 7 (Saturday)	Kutztown Folk Festival	9:00 a.m. _____
July 9 (Monday)	Valley Farms	9:30 a.m. _____
July 11 (Wednesday)	Rose Garden/Dave Neith Orchestra	6:45 p.m. _____
July 12 (Thursday)	Allentown Farm Market	9:30 a.m. _____
July 13 (Friday)	Green Dragon Flea Market/Lunch	8:30 a.m. _____
July 17 (Tuesday)	Lunch/Senior Bingo	10:45 a.m. _____
July 18 (Wednesday)	Giant	9:30 a.m. _____
July 19 (Thursday)	Lehigh Valley Mall	9:45 a.m. _____
July 21 (Saturday)	Blueberry Festival at Burnside	10:30 a.m. _____
July 23 (Monday)	Lunch/Carmike Movies	11:00 a.m. _____
July 25 (Wednesday)	Texas Road House	3:30 p.m. _____
July 26 (Thursday)	Oasis lunch/Mini golf	11:00 a.m. _____
July 30 (Monday)	Breakfast/Walmart	8:30 a.m. _____
July 31 (Tuesday)	Rice's Flea Market	8:30 a.m. _____

Bring this completed sheet to Miki's office after 9 a.m. the first morning the office is open after you receive your newsletter.

NAME: _____ APT.: _____

Please note: There are no unscheduled stops on any trip. The van will only go to the places listed on the schedule. Do not ask the driver to deviate from the schedule.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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July 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

3	4	5	6	7	8	9
2:00 Knitters	10:00 Exercise 1:00 Bible Study 6:00 Bingo	2:00 Notre Dame Catholic Church 2:00 Balance	10:00 Exercise 6:00 Computers 6:30 Poker League	10:00 Life Bio 2:00 Therapy Dog 6:00 Blood Pressure	11:00 Food Boxes 12:00 Picnic No Yoga	11:00 Soup & Hot Dogs
10	11	12	13	14	15	16
2:00 Knitters 5:00 Pie ala Mode Party	10:00 Exercise 1:00 Bible Study 1:30 Comm. Mtg. 6:00 Bingo	2:00 General Mtg.	8:30 Vouchers 10:00 Exercise 2:00 Speaker 6:30 Poker League	10:00 Life Bio 2:00 Lutheran Manor Richard Kuhn	1:00 Yoga	
17	18	19	20	21	22	23
2:00 Knitters	10:00 Exercise 1:00 Bible Study 6:00 Bingo	1:00 Speaker	10:00 Exercise 2:00 Book Club 5:00 Birthday Party 6:00 Computers 6:30 Poker League	10:00 Life Bio 2:00 Cathedral Church of Nativity Rev. Pompa	1:00 Yoga	
24	25	26	27	28	29	30
2:00 Knitters	10:00 Exercise 11:00 Therapy Dog 1:00 Bible Study 6:00 Bingo	2:00 Speaker	10:00 Exercise 6:30 Poker League	10:00 Life Bio 2:00 St. Peters Lutheran Rev. Langesiepen	1:00 Yoga	

JULY

2012